



# Salt Lake Family to Family Network 2016-2017 Workshops



**Family to Family Network  
Monthly Meetings  
September 15, 2016 to May 18, 2017  
7:00 – 8:30 PM**

**Location:**  
South Valley School  
Jordan School District  
8400 S. Redwood Road  
West Jordan, UT

The following is the proposed schedule for the Monthly workshops  
(see the next page for more detailed descriptions).  
There is no cost to attend, but pre-registration is requested.

Date	Workshop Title	Online Registration Link
September 15, 2016	Practical Approaches for Protecting Your Children from Abuse	<a href="http://conta.cc/2aW7Okw">http://conta.cc/2aW7Okw</a>
October 13, 2016	Advocacy/How the DSPD budget cuts may affect you!	<a href="http://conta.cc/2aW9ScF">http://conta.cc/2aW9ScF</a>
November 17, 2016	Parent Panel	<a href="http://conta.cc/2bBkRVF">http://conta.cc/2bBkRVF</a>
January 19, 2017	Customized Employment with DSPD/Changes to VR and DWS (WIOA)	<a href="http://conta.cc/2bBkSsW">http://conta.cc/2bBkSsW</a>
February 16, 2017	Mental Health Recognition and Resources	<a href="http://conta.cc/2bBl6jO">http://conta.cc/2bBl6jO</a>
March 16, 2017	Person-Centered Planning	<a href="http://conta.cc/2bBmiUk">http://conta.cc/2bBmiUk</a>
April 20, 2017	Related Services - Finding and Funding Them	<a href="http://conta.cc/2bBopao">http://conta.cc/2bBopao</a>
May 18, 2017	Self-Determination/Self-Advocacy and Internet Safety	<a href="http://conta.cc/2bBnMxX">http://conta.cc/2bBnMxX</a>

## Workshop/Class Descriptions

<p><b>September 15, 2016</b></p>	<p style="text-align: center;"><b>Practical Approaches for Protecting Your Children from Abuse</b></p> <p>The Utah Disability Law Center, Utah Coalition Against Sexual Assault, Utah State University, parents and people with disabilities have developed a training on how to keep your sons and daughters safe from abuse. They are a vulnerable population. Don't miss this important discussion!</p>
<p><b>October 13, 2016</b></p>	<p style="text-align: center;"><b>Advocacy/How the DSPD budget cuts may affect you!</b></p> <p>Learn how to be an advocate for your son or daughter. Advocacy means "to speak up, to plead the case of another, or to champion a cause."</p> <p>"Never doubt that a small group of thoughtful, committed citizens can change the world; indeed it is the only thing that ever has." -Margaret Mead</p> <p>Get ready for the upcoming legislative session.</p>
<p><b>November 17, 2016</b></p>	<p style="text-align: center;"><b>Parent Panel</b></p> <p>Take advantage of the experience of other parents who have navigated the disability world. This is an opportunity to ask questions and be mentored by other parents on topics such as guardianship, DSPD services, Medicaid, SSI, IEPs, etc.</p>
<p><b>January 19, 2017</b></p>	<p style="text-align: center;"><b>Customized Employment with DSPD/Changes to VR and DWS (WIOA)</b></p> <p>Your daughter wants to work but doesn't fit the mold of the "typical" employee. Discover creative work opportunities. Also, learn what the changes to Vocational Rehabilitation and Dept. of Workforce Services means for your son or daughter.</p> <p>Presented by representatives from Division of Services for People with Disabilities and Vocational Rehabilitation.</p>
<p><b>February 16, 2017</b></p>	<p style="text-align: center;"><b>Mental Health Recognition and Resources</b></p> <p>What do these behaviors mean? How will I know when to talk to my son or daughter's doctor? What mental health resources are available for our complicated sons and daughters? Where can we turn for help and answers? This workshop will give you a place to start.</p>
<p><b>March 16, 2017</b></p>	<p style="text-align: center;"><b>Person-Centered Planning</b></p> <p>What is a Person-Centered Plan (PCP)? Why would I want my son or daughter to have one? How can I create one with or without a support coordinator? Come for a hands-on experience creating a Person Centered Plan.</p>
<p><b>April 20, 2017</b></p>	<p style="text-align: center;"><b>Related Services - Finding and Funding Them</b></p> <p>Related services - speech, occupational therapy, physical therapy and assistive technology - needs don't end when school ends. Learn what resources are available to keep these services intact and some ways to cover the costs.</p>
<p><b>May 18, 2017</b></p>	<p style="text-align: center;"><b>Self-Determination/Self-Advocacy and Internet Safety</b></p> <p>"Self-Determination. noun. The power or ability to make a decision for oneself without influence from outside." Does your son or daughter live a self-determined life? Learn the importance of being self-determined as well as techniques to help your son or daughter be an advocate for themselves. Also learn about ways to keep safe when using the Internet. Presented in part by a self-advocate who has been there and done this!</p>